

## Bring Progressive Boundary Setting to Your Community

### Progressive Boundary Setting



*Empowering individuals and communities*

***Progressive Boundary Setting* Presentations  
are a tool for community policing and outreach.**

- Law enforcement sponsored *Progressive Boundary Setting* presentations are a community policing tool designed to facilitate police and citizen communication and interaction.
- The presentations will build trust between the police and the members of the community.

## The presentations illustrate:

- How the fundamental concept of *Progressive Boundary Setting* used by law enforcement to maintain order in society is the same concept used by individuals to enhance personal safety, respond to bullying and harassment, and for deterring the onset of violence.
- How the actions of the police and individual citizens have similarities and serve a common goal of limiting unwanted behaviors.
- How using *Progressive Boundary Setting* empowers individuals and creates safer communities.
- How violence and mayhem are the result of the breakdown of *Progressive Boundary Setting* in the community.

# The presentation involves active audience participation and discussion.

- This type of interaction with the law enforcement presenter builds trust between the community members and policing agents.
- The flexibility of *Progressive Boundary Setting* presentations makes them relevant to a wide variety of audiences. They can be customized to reach out to:
  1. Middle and High Schools
  2. Colleges and Universities
  3. Senior Centers
  4. Rotary Meetings
  5. Community Events
  6. Corporate Functions
  7. Neighborhood Watch Groups
  8. Community Organizations and Non-profits

***Progressive Boundary Setting* presentations are designed to break the mold of the typical police informational seminar, workshop, or self-defense class. They are designed to:**

- Promote respect , improvement the communication and the enforcement of behavioral limits among the participants.
- Provide an engaging presentation that motivates and empowers the participants.
- Provide the participants with a concrete strategy for enhancing individual and community safety.
- Provide participants with a greater appreciation for the role and methods of policing agents.

***Progressive Boundary Setting* presentations are designed to meet specific community needs, solve problems, and provide solutions.**

**NEEDS:**

- The members of the community need education on a host of societal related problems such as bullying, harassment, sexual assault, youth violence, elder abuse, violence crime and more.
- They need a specific plan of action that they can execute on an individual level that is also part of the larger community plan.
- They need a model strategy that is both universal and simple enough to be passed along to others in the community.
- They need to build a relationship with law enforcement based upon communication and mutual trust.

## **PROBLEMS:**

- Educating the community and building trust is a difficult task. The people most in need of the education and trust building are young people. They are the least likely to go to the police.
- The general impression of law enforcement presentations is that they consist solely of information in the form of statistics, facts, and long lists of behavioral do's and don'ts. As a result, they are unpopular and poorly attended. The nature of the presentation does not meet the goal of improving mutual communication and building trust.
- Specific workshops such as women's self-defense classes require specialized equipment, training, and facilities. These training sessions can be costly to implement and many suffer from low attendance.

## **SOLUTIONS:**

- Provide presentations that can be targeted at “captive audiences”. Specifically, going to schools and providing a short presentation to students in either classrooms or to assemblies.
- Provide presentations that are relevant, fast paced, and interactive to engage the students.
- Provide presentations that motivate the students about the importance of their involvement and also provide them with a definite plan of action that they can remember and execute.
- Provide presentations that show how law enforcement and individuals follow the same concept to meet the overall goal of individual and societal well-being.
- Provide multiple versions of presentations that can be used with different demographics such as the elderly, at community events, and with community leaders.

## Getting started is as Easy as 1 -2- 3.

1. Law enforcement personnel have training and experience that makes them already familiar with the core concepts of *Progressive Boundary Setting*. The underlying concepts behind *Progressive (escalating) Responses*, the *Progressive Fence* in the form of the *Visual Fence*, *Verbal Fence*, and *Physical Fence*, and the *Just Right Response* are used by the law enforcement everyday under different names and descriptions.
2. Many law enforcement officers are practiced and skilled at public speaking and making presentations. They have the desire to reach out to the community. They have the ability to personalize the presentation to their experiences as law enforcement officers.
3. The *Progressive Boundary Setting* presentation along with supporting handouts and materials has been designed to be taught and distributed by others. The power is in the simplicity of the system to be understood, conveyed, and repeated.

# Licensing and Certification

The *Progressive Boundary Setting System*™ is trademarked and copyrighted.

## **LICENSING:**

- Presenters must be licensed to distribute the Progressive Boundary Setting materials as part of a presentation.
- The licensing involves filling out an informational form on both the presenter and the intended audiences for the presentations. There is no fee to be licensed.
- The materials to be distributed must be obtained and purchased from NOT-ME!

- The distribution materials produced by NOT-ME! are designed to be extremely economical. The material cost per person is 15 approximately cents. Therefore, a 30 person presentation will cost about \$5 in materials.

## **CERTIFICATION:**

There are three different levels of certification.

1. Level I Certification is for providing unpaid presentations.
2. Level II Certification is for providing paid presentations.
3. Level III Certification is for providing advanced training sessions and workshops.

# Certification Costs

- The training cost for Level I Certification is \$199.
  - The Certification cost for Level I is \$99.
  - The total Level II Certification cost is \$298 per person.
- Police officers that demonstrate a high level of training and experience will receive a \$100 credit towards their training costs. Therefore, their total cost will be \$199.

For police departments with no budget for training and certification, NOT-ME! will obtain local grants and corporate donations to underwrite the costs.

There is an annual recertification cost of \$49.

Level II and Level III Certification require Level I Certification. Costs will be determined on an individual basis.

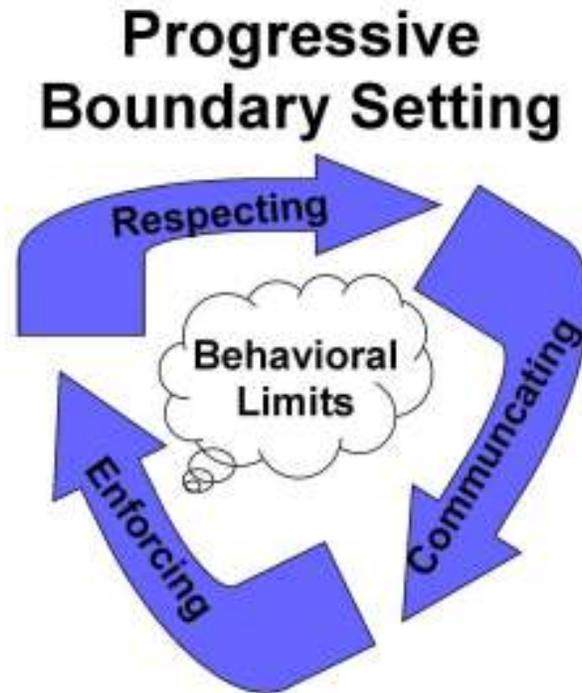
# Presentation Training

The *Progressive Boundary Setting System* (PBSS) has been designed to be understood by an audience in 20 – 60 minutes. Therefore, the elements of PBSS are easy to comprehend, convey, and carryout.

The elements are practical and used everyday by the police. Therefore, the system can be learned through attending a single group three hour training session combined with written materials.

In the event attending a training session is impractical, the system can be taught through the use of written and audiovisual materials. This procedure requires video testing to insure that the concepts and teaching methods have been properly conveyed.

Email [info@not-me.org](mailto:info@not-me.org) to bring Progressive Boundary Setting to your community.



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Go to [www.ProgressiveBoundarySetting.org](http://www.ProgressiveBoundarySetting.org) to learn more about the *Progressive Boundary Setting System™*.